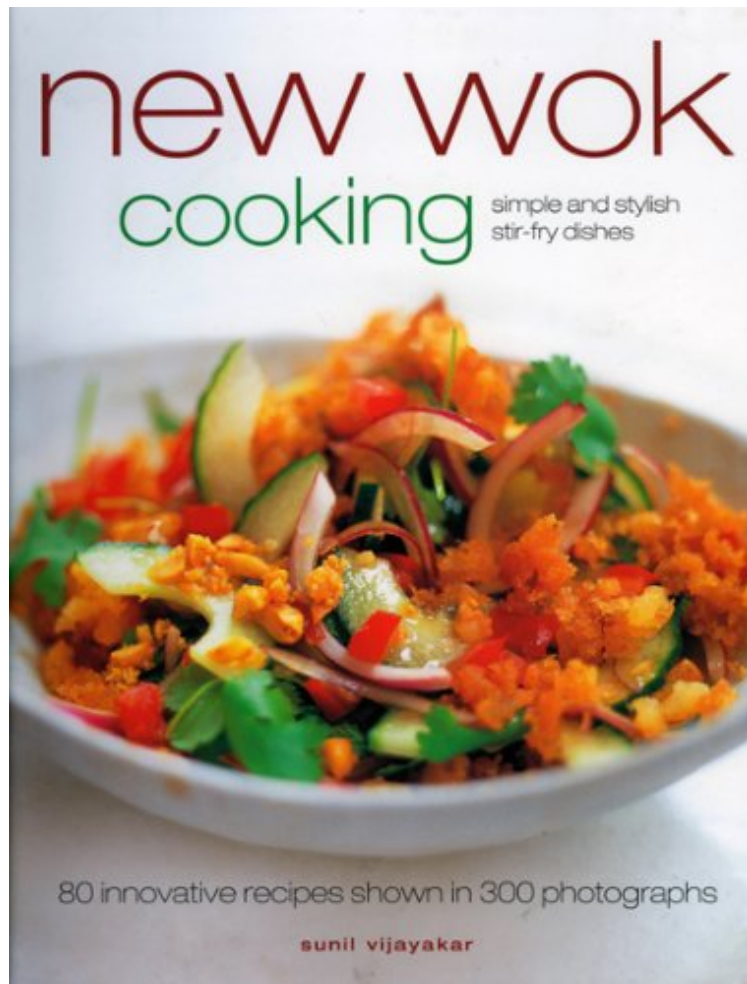


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New Wok Cooking: Simple and Stylish Stir-Fry Dishes

Sunil Vijayaker, Gus Filgate

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Sunil Vijayaker, Gus Filgate : New Wok Cooking: Simple and Stylish Stir-Fry Dishes before purchasing it in order to gauge whether or not it would be worth my time, and all praised New Wok Cooking: Simple and Stylish Stir-Fry Dishes:

0 of 0 people found the following review helpful. Very good recipes...if you have the time. By Garrett Gudmunsen The dishes in the book look and sound amazing, but if you live in an area such as the midwest where your chain grocers offerings are modest you will have a hard time procuring all the ingredients that most of these recipes need. As a cookbook the things that we have been able to try (or slightly modify) have been great, but this is not a normal Mon-Fri recipe book for the family. Not for novices or beginners

The wok is one of the world's oldest and most versatile pans - perfect for stir-frying, steaming, braising and deep-

frying