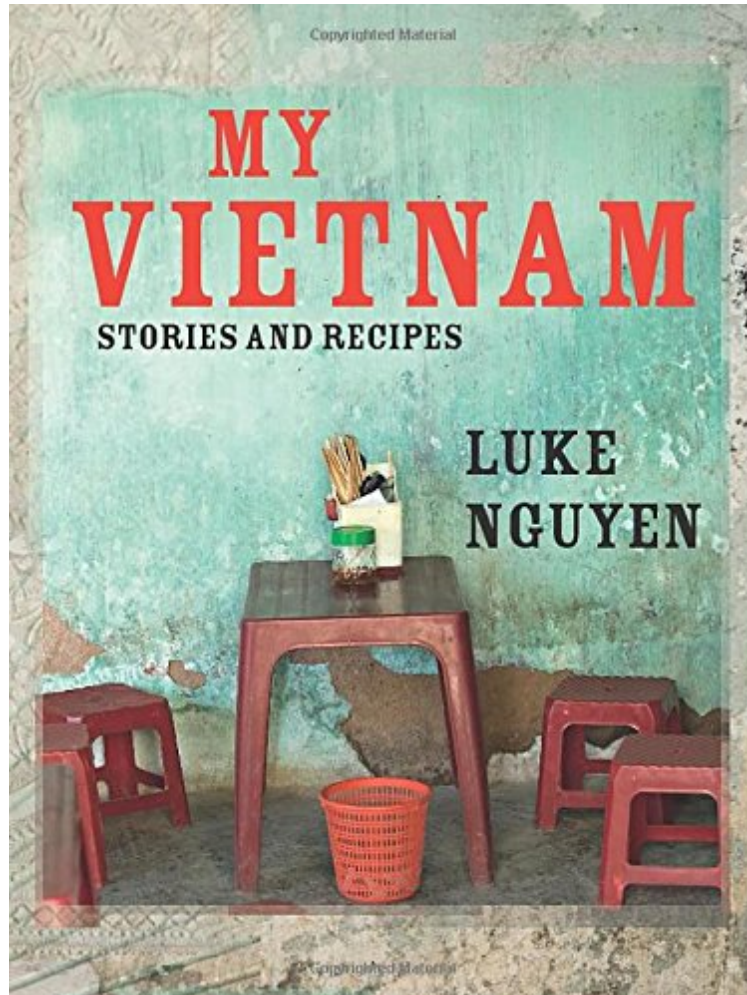


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My Vietnam: Stories And Recipes

Luke Nguyen

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Luke Nguyen : My Vietnam: Stories And Recipes before purchasing it in order to gauge whether or not it would be worth my time, and all praised My Vietnam: Stories And Recipes:

19 of 19 people found the following review helpful. Vietnam - Food, People and Landscapes. By K. L. Gallaher I already love this book. The graphics, the topography, the photographs are all gorgeous. It is part travelogue, part autobiography, and part cookbook. There is the odd unusual ingredient (that you can usually substitute or omit) but for the most part if you have an Asian store nearby you can do these recipes. They are not overly complex as sometimes happens when the author is a professional chef - these are recipes of his family and of local markets, restaurants, and hawkers. Vietnamese food is a relatively new thing in the US since most immigrants arrived in 1975 or later - but it is well worth seeking out. It is not Thai, it is not Chinese, it is not French - although there are influences of all three - Vietnamese cuisine is its own wonderful thing. If you want to get inside Vietnam, see some country side, see how the

people live, and taste how they eat you will enjoy this book. 16 of 16 people found the following review helpful. Very authentic
By Mikenna I'm Vietnamese so am very picky when I purchase cook books. I normally do a quick flip through the book and look at the recipes and ingredients to determine the authenticity of the recipes. Luke's recipes are very authentic easily seen by the simplicity of preparation and the ingredients that go into them. I enjoyed his previous book "Red Lantern" and this book is excellent as well. Highly recommended to anyone who is looking for an authentic Vietnamese cookbook. His stories are also very heartwarming! 18 of 19 people found the following review helpful. I am Vietnamese and I LOVE this book!
By Trang I am Vietnamese and I love this book. I bought this book for my sister too; my brother looked at it and immediately tried to order the Kindle version (there is none). So I promised him I'll order one for his belated birthday present. I tried out several of the recipes for my siblings and we loved them all. The banana cake we had done about 3 times in one week because we were so impressed with it, we made it again to share among us and to bring to a potluck. I made the imperial clear dumplings and was amazed at how easy it was. I had not made them in 20 years because I was afraid of the hot dough (my old recipe). His recipe said to rest the dough for 15 minutes, wow, no burnt hands this time. I made two of the sauces, the dipping fish sauce, and the lemon fish sauce. They were both right on. The lotus stem salad was so good and simple to make. In one meal I made 4 of his recipes: the loofa soup, lotus stem salad, shrimps with pork belly, and banana cake. I was so proud of myself. I am actually making Vietnamese food from a cookbook, no guessing and repeated tasting. The book has great personal stories from Luke Nguyen that all of us find fascinating. I wish there were more pictures in this book, but the pictures he did have in them were wonderful. So far I have bought 4 copies of this book, 3 for my 3 siblings, 1 for me. I am so happy to finally find a book that I can be proud to display as a coffee table book and use it for cooking as well.

A stunningly beautiful love letter to Vietnam with more than 100 recipes, from best-selling author and Cooking Channel host Luke Nguyen In My Vietnam, chef, television star, and best-selling author Luke Nguyen returns home to discover the best of regional Vietnamese cooking. Starting in the north and ending in the south, Luke visits family and friends in all the country's diverse regions, is invited into the homes of local Vietnamese families, and meets food experts and local cooks to learn more about one of the richest, most diverse cuisines in the world. Savor more than 100 regional and family recipes— from Tamarind Broth with Beef and Water Spinach to Wok-tossed Crab in Sate Sauce—and enjoy vibrant, stunning full-color photographs bursting with color and textures and capturing the beauty of Vietnam, her people, and their deep connection to food.

From zesterdaily.com: Whenever I yearn to jet off to an exotic locale or simply want a way to spice up my dinner menu, I reach for Luke Nguyen's My Vietnam. Part travel narrative and part cookbook, this colorful tome takes readers on a culinary and cultural journey through Vietnam. Along the way we discover the magic behind the country's fresh, aromatic cuisine and learn how to create over 100 authentic, regional dishes. We also find out how diverse and charming this lush, Southeast Asian nation can be. A Vietnamese chef, restaurant owner and Cooking Channel host, Nguyen uses My Vietnam to detail his trip through his parents' homeland. As he proceeds from North through South Vietnam, he examines nine specific destinations and one region, the Mekong Delta. Throughout the book, gorgeous color photographs enliven and illustrate Nguyen's stories and dishes. Flip through its pages and you end up feeling as though you, too, are trekking through Vietnam. So superb are many of the photos that I could easily classify My Vietnam as a coffee table book. Yet, while the pictures may be stunning, the food and anecdotes are even more so. Inspiring and intriguing, My Vietnam provides the ideal antidote to tired mealtime menus and burning wanderlust.