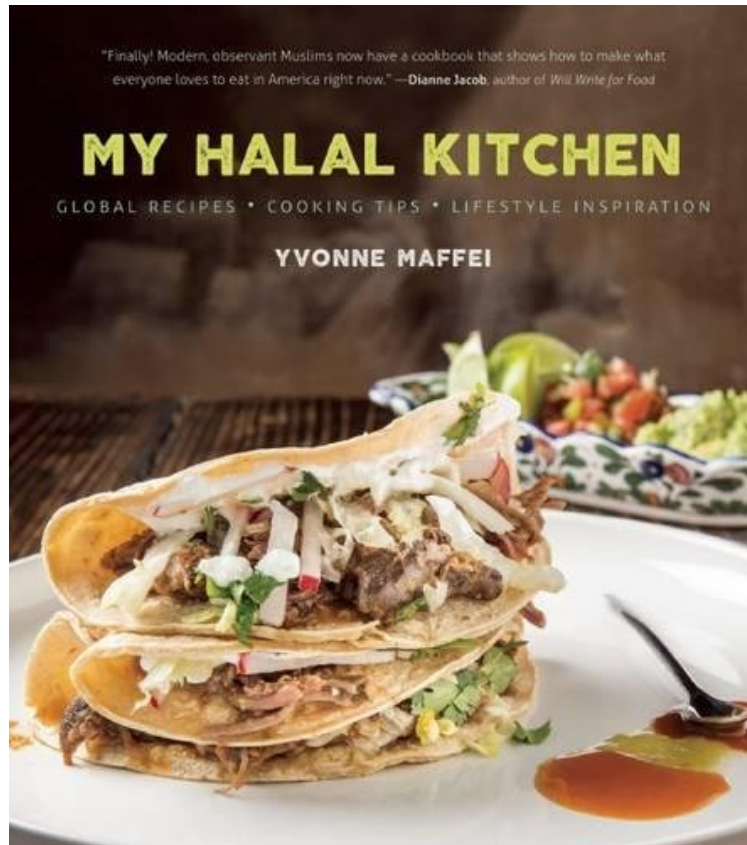


[Free] My Halal Kitchen: Global Recipes, Cooking Tips, and Lifestyle Inspiration

My Halal Kitchen: Global Recipes, Cooking Tips, and Lifestyle Inspiration

Yvonne Maffei

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Yvonne Maffei : My Halal Kitchen: Global Recipes, Cooking Tips, and Lifestyle Inspiration before purchasing it in order to gage whether or not it would be worth my time, and all praised My Halal Kitchen: Global Recipes, Cooking Tips, and Lifestyle Inspiration:

7 of 8 people found the following review helpful. The layout is gorgeous with elegant designs and beautiful (and mouthwatering) pictures By Customer I recently received my copy of this cookbook in the mail, and I'm thrilled!! I've been a frequent visitor of myhalalkitchen.com for a few years now, so I was very excited when I found out Yvonne Maffei was publishing a cookbook. The same creativity and precision which is evident on the website can be found in this book. The layout is gorgeous with elegant designs and beautiful (and mouthwatering) pictures. The cookbook features recipes from various ethnic cuisines and shows how to make popular dishes in a halal way without using pork or alcohol. I recently made the coconut balls as a dessert, and they were an absolute hit! With it's hardcover, glossy pages, beautiful layout, and delicious recipes, this cookbook makes an excellent gift for anyone! 1 of 1 people found the following review helpful. Amazing- a great American halal cookbook for the rest of us. By Michelle G. I am so excited! I have waited for this book for about a year and it is finally published! So great for my friend that eats halal

and American. 1 of 1 people found the following review helpful. Great cookbook! By B. Mo This is honestly a great book! Recipes are easy to follow and the ones that I tried ALL came out delicious, lots of variety when it comes to the recipes. I highly recommend this book.

Yvonne Maffei is the founder of the hugely popular cooking blog and Islamic lifestyle website My Halal Kitchen. Her new book, *My Halal Kitchen: Global Recipes, Cooking Tips, and Lifestyle Inspiration*, celebrates halal cooking and shows readers how easy it can be to prepare halal meals. Her cookbook collects more than 100 recipes from a variety of culinary traditions, proving that halal meals can be full of diverse flavors. Home cooks will learn to make classic American favorites and comfort foods, as well as international dishes that previously may have seemed out of reach: Coq without the Vin, Shrimp Pad Thai, Chicken Tamales, and many more. The book also includes resources that break down the basics of halal cooking and outline common non-halal ingredients, their replacements, and how to purchase (or make) them. As Maffei often says to her million-plus social media followers, halal cooking elegantly dovetails with holistic living and using locally sourced, organic ingredients. In the halal tradition, every part of the farm-to-fork cycle has importance. This book is an ideal resource not only for Muslim home cooks, but also for any home cook looking to find delicious and healthy recipes from around the globe.

Praise for Yvonne Maffei, her blog, and her book, *My Halal Kitchen*: “Yvonne Maffei. . . writes a popular cooking and nutrition blog, *My Halal Kitchen*, from her home north of Chicago. . . Her simple recipe for medjools drizzled with tangy crème fraîche is excellent for transforming date doubters into date lovers.” —Julia Moskin, *The New York Times* “Simple, family-friendly recipes shine in *My Halal Kitchen*, a cookbook that is at once exciting and approachable. She takes you on trip around the world from the family dinner table.” —Jennifer McGruther, cookbook author and founder of *NourishedKitchen.com* “An approachable introduction to halal home cooking for Muslim and non-Muslim families alike.” —*Library Journal* “[*My Halal Kitchen*] is a compendium of modern global classics, rendered halal through Maffei’s creative substitutions and described with the same cheery enthusiasm telegraphed in conversation by their author.” —*Epicurious.com* “Finally! Modern, observant Muslims can celebrate (with non-alcoholic bubbly, of course) a cookbook that shows how to make what everyone loves to eat in America right now.” —Dianne Jacob, author of *Will Write for Food: The Complete Guide to Writing Cookbooks, Blogs, Memoir, Recipes, and More* “I love eating out, but I’m glad to have this manual to halal home cooking! This book teaches you cooking and eating halal from A to Z.” —Sameer S. Sarmast, host of halal food show *Sameer’s Eats* “Maffei’s approach is one of abundance and creativity. . . . *My Halal Kitchen* presents readers—whether Muslim or those simply interested in considering their food choices more carefully—with a vast array of options that can redefine one’s relationship with the kitchen.” —*Shelf Awareness* “Maffei shatters the notion that a halal diet means shunning dishes like pepperoni pizza.” —*Chicago magazine*