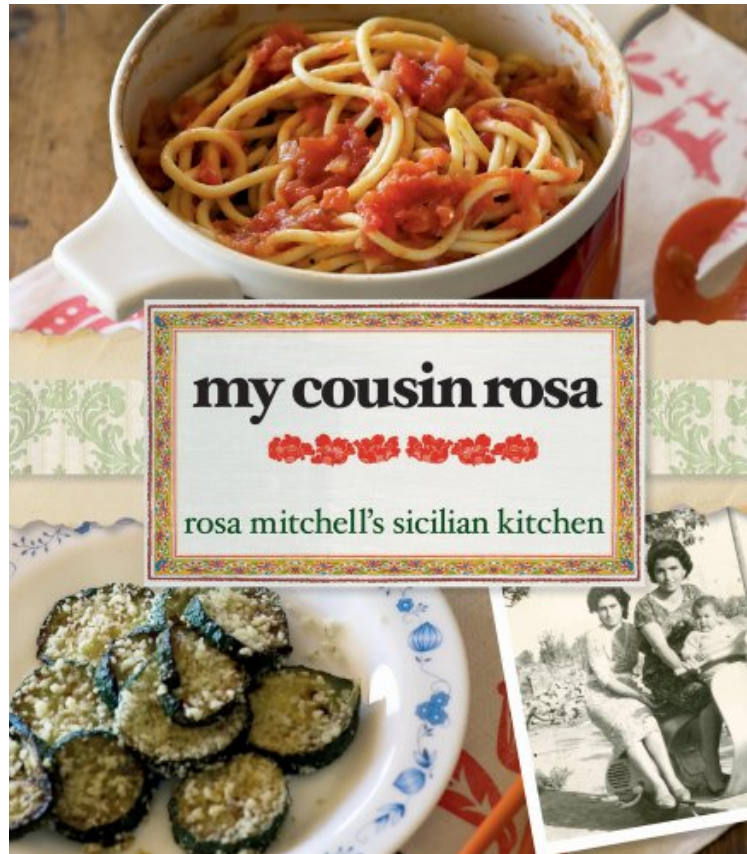


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My Cousin Rosa: Rosa Mitchell's Sicilian Kitchen

Rosa Mitchell

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Rosa Mitchell : My Cousin Rosa: Rosa Mitchell's Sicilian Kitchen before purchasing it in order to gage whether or not it would be worth my time, and all praised My Cousin Rosa: Rosa Mitchell's Sicilian Kitchen:

When a young girl and her family move from Sicily to country Australia, it is a surprisingly small step in kitchen miles. The tablecloth and stockpot are the same, cardoons and fennel still grow wild on the roadside and the extended family and neighbours gather to make salami in the barn once a year. My Cousin Rosa captures the atmosphere, experiences and recipes of Rosa Mitchell's Sicilian kitchen. Rosa's food is very special: soulful, traditional, family-orientated and utterly authentic. In this beautiful book, her thoughts on life, both Australian and Sicilian, are scattered among the recipes like biscotti crumbs. Chapters offer recipes for antipasto, soup, pasta, meat dishes, vegetables and desserts. The recipes are complemented by stunning photography of both finished dishes and from throughout the preparation process, be that the making of salami the traditional way or the preparation of fresh

cannelloni. Gorgeous illustrations and family photographs complete the book.