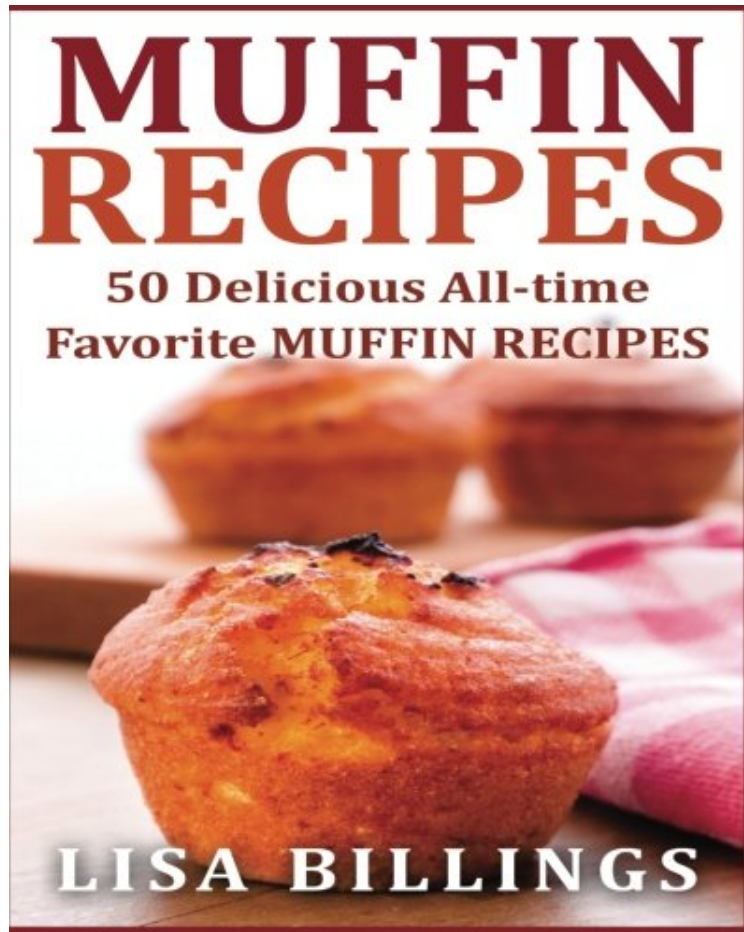


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MUFFIN RECIPES: 50 Delicious All-time Favorite MUFFIN RECIPES

Lisa Billings

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weight watcher muffins have too much sodium for our diets. Use of butter, shortening etc causes these out of our reach. Maybe use olive oil as a substitute? Recipes I think might be good are either high in sat. fat, sodium or cholesterol. 0 of 0 people found the following review helpful. Pics and nutritional info for every recipe YEABY marriagecoach I Yes each recipe comes with its own pic plus nutritional info as well. More writers are stating to get more professional with their cookbooks and I applaud that. My only complaint is that the book leaves a lot to be desired in its formatting. It is very amateurishly formatted but that is a minor detail compared to pics and nutritional info. Kudos Ma'am. The reviewer is the author of the Kindle book entitled: Sex Education For Adults Secrets To Amazing Sex and Happily Ever After Too

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