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Muffin Cookbook: Includes Tips by a Registered Dietitian

Don Armstrong

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Book by Armstrong, Don

Don Armstrong's Muffin Cookbook features kitchen-tested recipes to bake over 125 different types of muffins, from the basic to the exotic. The emphasis is on the ease of baking and many recipes contain helpful tips from a registered dietician. At the end of the Muffin Cookbook, there is a section containing Don Armstrong's own favorite recipes which should be of special interest to any gourmet muffin fan. -- Midwest Book